

Training:

Crowne Plaza Hotel
100 Berlin Road
Cromwell, Ct 06416
860-635-2000

Camp Cost:

\$250.00 at the door

**Early bird special \$25.00 discount before
July 7, 2010 - Cost \$225.00**

IMAF, Inc. Member discount \$26.00

Final cost with early registration \$199.00

Single Session - \$60.00

2 Sessions - \$100.00

Name

Street Address

City, State Zip

Amount Enclosed

Make check payable to:

Millennium Defenses, LLC.

**For additional info, contact Tom Cushing at:
tcush@snet.net or 860-371-4868**

**Millennium Defenses, LLC.
12 Cherokee Court
Cromwell, CT 06416**

Connecticut Modern Arnis Camp 2010



**Cromwell, Connecticut
July 30th - August 1st, 2010**

INSTRUCTORS:

Camp instructors are the top instructors in the Official IMAF, Inc. To lead the Modern Arnis teaching and tradition, Grandmaster Remy Presas hand-picked his successors. They will take you through an informational, educational and physical training camp. Also assisted by many top Black Belts from across the country, you will experience Modern Arnis, Filipino Martial Art in a fun and stimulating training environment.

YOU WILL LEARN:

A fascinating variety of stick, knife, empty-hand and Jujitsu techniques. These include blocks and disarms with sticks and empty hands, knife disarms, joint locks, disarm counters and reversal, sweeps and throws, ground-fighting, flow drills, sinawali cane sparring and trapping hand drills.



Grandmaster Remy A. Presas
Father of Modern Arnis
December 19, 1936 - August 28, 2001

**Train with personal students of the
Grandmaster
Continue Professor's dream
with the IMAF, Inc.**

No experience necessary !

**Visit The IMAF, Inc. at:
www.modernaarnis.net**

**Visit Master Brian Zawilinski's website at:
www.theartwithinyourart.com**

Training Schedule:

Registration:
Friday: 8:30am - 9:00am

Training sessions - Friday and Saturday:
Session 1: 9am - 12:00 noon
Session 2: 1:45pm - 4:45pm
Session 3: 6:45PM - 9:15PM

Training session - Sunday:
Session 1: 9am - 12:00 noon

Crowne Plaza - Room Rates:

Single occupancy - \$99.00 per night

Double/triple occupancy - \$100.00
per night

Rate guaranteed until late June.

**Register early to guarantee these
prices.**